



JUNIOR INTER-REGIONAL REGATTA

Saturday 21st April 2007

at

THE NATIONAL WATERSPORTS CENTRE, NOTTINGHAM.

- ◆ Invites to the Championships will be extended to the 12 ARA Regions, 2 SARA regions and 1 IARU region (Ulster) n.b. Wales already compete as parts of WAGS.
- ◆ All events will be raced over **1500-meters**, with timed heats. The fastest 6 crews across the heats will go through to the Grande finale and the next six into the Petite Finale. In events with more than 12 regions competing those placed 13th or below will not race a final.
- ◆ Points will be awarded as follows:

Grande Finale

1st - 12 points, 2nd - 11 points and so on to 6th - 7 points.

Petite Finale:

1st 6 points, 2nd -5 points and so on to 6th - 1 point.

All crews places 13th or below during the heats will receive 1 point.

Single sculling events will receive double points. Gold, Silver & Bronze medals will be awarded to each crew and its coach.

- ◆ The only case when a Petite Finale will not be held is where only 7 crews are entered in the event.
- ◆ In the unlikely event of any crew not taking its place in a GF or PF and therefore not racing for its points, the missing crew will be awarded 0 points.
- ◆ Composite crews will be allowed in all Quadruple sculls, fours and eights. Composite crews in the double and pairs events will not be allowed.
- ◆ Doubling Up will be allowed. NB the racing order has been developed to allow for doubling up WITHIN AGE BANDS. Please be sure to understand the racing order listed below. We expect to adhere to this schedule.
- ◆ Equipment is shared at the crew's own risk. Doubling up outside age bands is done at the crew's risk. NEITHER will be taken into account in the racing order.
- ◆ The events available are as follows: -

MJ16 8o, 4x, 2x, 1x, 4-, 4+, 2-

WJ16 8o, 4x, 2x, 1x, 4-, 2-

MJ15s,)

WJ15s,)

MJ14s,)

WJ14s,)

will all comprise 4x+, 2x and 1x.

The order of events will be: WJ15 4x+, MJ16 4x, MJ14 4x+, WJ16 4-, MJ15 1x, WJ14 1x, WJ16 1x, MJ16 4-, WJ15 2x, MJ16 2x, WJ16 2-, WJ14 2x, MJ16 2-, MJ15 2x, MJ14 2x, WJ16 4x, MJ16 4+, WJ14 4x+, MJ15 4x+, MJ14 1x, WJ15 1x, MJ16 1x, WJ16 2x. MJ16 8o, WJ16 8o

- NB Lane numbers for heats will not be issued to coxed crews until the Coxn's WEIGHT CERTIFICATE is produced.



- Coxes may be aged up to J18 in all coxed events

The points total will count towards: -

1. An overall Regional Champion.
2. An overall Girls Regional Champion.
3. An overall Boys Regional Champion

Entry Fee

- ◆ Regions wishing to compete must notify the organisers of their intent, and make payment in full by 1st March 2007.
- ◆ Payment will be submitted by the Regional Rowing Council by one cheque made out to ARA Ltd. Regions will pay a flat fee of £x, to race, regardless of the number of events entered. The fee includes the Regional fee of £50 and a Regional T-shirt for each athlete.

NB: Team Managers must account directly to their Regional Treasurer and not the officers of the JIR Championships.

- ◆ Cheques must be made out to ARA Ltd
- ◆ All cheques to be sent to: -

?,
?,
?,
?,
?

E-Mail:
Telephone:

Crew Details

- ◆ A detailed list of entries from each competing region, including crew names and DOB, must be provided to the Event Secretary by 1st April 2007. Entries must be made on ARA entry forms. All competitors must be ARA, SARA or IARU registered.

Please make sure the name of the crew's Club or School is clearly marked on the form where it says CLUB NAME.

- ◆ Each entry must be accompanied by a separate list detailing the NUMBER & SIZE of T-SHIRTS REQUIRED by the athletes. T-Shirts are not available to coaches and team helpers. Max T-shirt order per Region is 71.
- ◆ Sizes available: -

S	Small	Chest size approx 36"
M	Medium	Chest size approx 40"
L	Large	Chest size approx 44"
XL	Extra Large	Chest size approx 48"



- ◆ All crew lists, volunteer names (see REGIONAL REQUIREMENT below) and T-shirt requirements to be sent to: -

Liz Wray,
JIRR Secretary,
8, Merlin Court,
376 Richmond Road,
Twickenham TW1 2DX

E-Mail: lizwray@aol.com
Telephone: 07767770899

- ◆ E-Mail entries using ARA Entry Forms are allowed.
- ◆ Entries via OARA are not available
- ◆ Faxed Entries are not allowed

PLEASE MAKE EVERY EFFORT TO ENTER A FULL REGIONAL TEAM AS FAILURE TO ENTER AN EVENT GIVES UNEARNED POINTS TO THE OPPOSING TEAMS.

OFFICIAL PHOTOGRAPHER

Negotiations are in hand to appoint an official photographer, which includes the photographer's right to contact crews photographed by e-mail. In order that detail of relevant photos can be e-mailed to crews, please include an e-mail address on your individual crew entry forms for this purpose. If you do not require this information to be sent please mark your crew's entry form "Official Photos Not Required"

FINALLY: -

THE CHAMPIONSHIPS RESULTS WILL BE ASSESSED BY THE ARA AND WILL BE PASSED TO THE PERFORMANCE DEVELOPMENT COACH – J16'S

Please make sure the name of the crew's Club or School is clearly marked on the form where it says CLUB NAME. Please also make sure that the COACH's name is also clearly noted as we are asked to provide this detail as well.

REGIONAL REQUIREMENT

THE JIRR REQUIRES THAT EACH REGION PROVIDES FOUR VOLUNTEERS TO OPERATE AS HELPERS TO THE COMMITTEE FOR A HALF DAY EACH. PLEASE ENSURE THAT THESE VOLUNTEERS ARE NAMED, AND DETAILS OF ANY RELEVANT EXPERIENCE GIVEN, ON THE SUMMARY OF ENTRIES, SO DUTIES MAY BE ALLOCATED IN ADVANCE

This is a NON-QUALIFYING event therefore registration cards are not required to be shown.

NB Please could all coaches make sure that all crews are well drilled in the art of attaching to stake-boats and remaining straight in less than ideal conditions. The ability for a crew to back onto a stake-boat and for "2 to take bow's blade" really is a prerequisite.